



In honor of National Public Health Week, members of the Student Public Health Vision Care Association (SPHViCA) at UHCO passed out breakfast snacks to their peers. As students grabbed something to munch on they were asked to jot down their thoughts on a post-it note in response to the question, “Why is healthy vision important to you and your patients?” SPHViCA had a great turnout and managed to fill up a message board with many heartwarming and fun responses.

Yearly eye exams are important and allow for a good quality of life as they can help prevent and detect many systemic and ocular diseases.